

# Mickleover Primary School

		Meaty Main	Veggie Express	Carbs	Market Vegetables	Deli Special	Sandwiches	Yummy Puddings
<b>W1</b> 23rd February 16th March 20th April 11th May	Mon	Big Breakfast  	Veggie Big Breakfast  	Hash Browns 	Baked Beans, Spaghetti Hoops or Roasted Tomato 	Egg Mayo Baguette*** 	Ham or Cheese Sandwich*** 	Chocolate or Strawberry Milkshake with Popcorn 
	Tue	Creamy Chicken Curry 	Tuna Pasta Bake 	Rice and Naan Bread 	Sweetcorn and Peas 	Jacket Potato with Cheese and Beans 	Ham or Cheese Sandwich*** 	Flapjack 
	Wed	Beef Braised in Gravy 	Roasted Vegan Fillet in Gravy 	Mashed Potato and Yorkshire Pudding 	Cabbage, Carrots and Cauliflower 	Cheese and Bean Quesadilla 	Ham or Cheese Sandwich*** 	Chocolate Brownie 
	Thu	Pasta with Tomato Sauce with or without Cheese 	Roasted Pepper Frittata with Herby Diced Potatoes 	Garlic Bread** 	Peas and Carrots 	<b>New Dish</b> Breakfast Wrap (Hash Brown, Egg and Beans) 	Ham or Cheese Sandwich*** 	Cornflake Tart with Custard 
	Fri	Fishcake 	Vegan Sausage Roll 	Chips 	Baked Beans or Mushy Peas 	Sausage Roll 	Ham or Cheese Sandwich*** 	<b>New Dish</b> Marble Cake 
<b>W2</b> 2nd March 23rd March 27th April 18th May	Mon	Chicken Bites with or without Curry Sauce 	Quorn Dippers with or without Curry Sauce 	Rice 	Peas and Sweetcorn 	Fish Finger Burger*** 	Ham or Cheese Sandwich*** 	Fresh Fruit Salad or Cheese and Crackers*** 
	Tue	Beef Lasagne 	Quorn Lasagne 	Garlic Bread** 	Carrots and Sweetcorn 	Jacket Potato with Cheese and Beans or Spaghetti Hoops 	Ham or Cheese Sandwich*** 	Vanilla Sponge with Custard 
	Wed	Roast Chicken with Gravy 	Roast Vegan Fillet with Gravy 	Roast Potatoes and Yorkshire Pudding 	Mixed Vegetables 	Vegetable Fingers 	Ham or Cheese Sandwich*** 	Sugar Ring Doughnuts 
	Thu	Macaroni Cheese 	Quorn and Vegetable Pie 	Garlic Bread** 	Broccoli, Peas and Carrots 	Jacket Potato with Cheese and Beans or Spaghetti Hoops 	Ham or Cheese Sandwich*** 	Lemon Drizzle 
	Fri	Fish Fingers with Tartare or Katsu Curry Sauce 	Cheese Toasty***  	Chips 	Baked Beans or Peas 	Ham and Cheese Toasty***  	Ham or Cheese Sandwich*** 	Ice Cream Roll Chocolate or Raspberry Ripple 
<b>W3</b> 9th March 13th April 4th May	Mon	Meatballs with Tomato sauce with or without Cheese 	Quorn Meatballs with Tomato Sauce with or without Cheese 	Pasta and Garlic Bread** 	Carrots and Sweetcorn 	Cheese and Bean Melt Baguette*** 	Ham or Cheese Sandwich*** 	Jam Sponge with Custard 
	Tue	Butter Chicken 	Samosa with Lentil Dahl 	Rice and Naan Bread 	Peas 	Jacket Potato with Tuna Mayo or Cheese and Beans 	Ham or Cheese Sandwich*** 	Shortbread with Strawberry Yoghurt* 
	Wed	Roast Gammon with Pineapple and Gravy 	Vegan Fillet with Pineapple and Gravy 	Mashed Potato and Yorkshire Pudding 	Broccoli, Peas and Carrots 	Cheese Bagel*** 	Ham or Cheese Sandwich*** 	Carrot Cake 
	Thu	Pasta with Tomato Sauce with or without Cheese 	Quorn Dipper Wrap with BBQ Sauce 	Garlic Bread** 	Peas, Broccoli or Cabbage 	Cheese Omelette 	Ham or Cheese Sandwich*** 	Scones 
	Fri	Battered Fish 	Cheese Panini*** 	Chips 	Mushy Peas, Spaghetti Hoops and Curry Sauce 	Ham and Cheese Panini*** 	Ham or Cheese Sandwich*** 	Jelly 



Did you know, here at Mickleover we have **Home Baked Breads, Salad Bar, Fresh Fruit** and chilled drinks are also available daily.

We're committed to using a minimum of **5% organic produce!**

Oh and all of the tasty fish has been caught sustainably and approved by the MSC.

Menu may be subject to change without prior notice

Fresh fruit and vegetables are subject to seasonal variation



Don't forget about our **Themed**

